

Eating and Drinking Christ

Based on *Heidelberg Catechism*, Lord's Day 28, Q. 75-77

1. Christ has com - mand - ed me and all be - liev - ers To eat the
2. I eat and drink by faith in Christ, be - liev - ing His death ob -
3. Christ's prom - ise: Take and eat, this is My bod - y, This do, re -

bro - ken bread and drink the wine; He prom - is - es His bod - y
tained the par - don of my sin; U - nit - ed to Him by His
mem - ber Me un - til I come; This cup is My new cov - e -

and blood feeds us, So cer - tain as we taste and
Spir - it dwell - ing In me, we're one, He lives and
nant, for man - y, En - joy com - mun - ion sweet; we

see these signs. So cer - tain as we taste and see these signs.
reigns with - in. In me, we're one, He lives and reigns with - in.
are all one. En - joy com - mun - ion sweet; we are all one.

Music: Joseph Y. Peek, 1911
Text: Paul Wagenaar, 2025 © 2025, Paul Wagenaar

PEEK
11 10. 11 10. w/ repeat